



U3A
WOLLONGONG – INC

TERM 1 2023 6th February – 31st March

Web Site: www.wollongong.u3anet.org.au

email: u3awollongong@gmail.com

PATRON: LORD MAYOR GORDON BRADBERRY AM

FROM THE PRESIDENT

Dear Colleagues,

The Salvos increased their rent after a few years with no increase. An increase in membership fees was rejected at our extraordinary general meeting and instead a marketing subcommittee has been formed to try and increase our income by gathering new members. We have also surveyed our members to look at what offerings we provide and days and times they can be delivered. We will use our surplus before considering moving to another venue or reducing the hours at the Salvos auditorium.

As I write this, we are still chasing a replacement for Wanda Chies as our Treasurer. She will still be available to hand over and assist the new Treasurer. Also, Dawn Epton has announced her resignation as a Thursday program co-ordinator (after Term 1) due to the arrival of her first grandchild, so a replacement or 2 is really needed to spread the load.

Please wear your badges, this will help new members to socialise and integrate.

Regards

David Christian

PAYMENT OF FEES BY ELECTRONIC TRANSFER

BSB No. 641-800

Account No. 001 142 057

Account Name Wollongong U3A

For identification purposes, please ensure you supply initials and surname only with your online payment.

Enrolment Forms Members paying by EFT will need to fill in an enrolment form, available with newsletter or pick up from Treasurer.

Receipts Receipts for EFT payments will not be issued.

Name Tags Available from Treasurer on Mondays and Thursdays after payment has been verified.

Please look at the membership page of the Wollongong U3A web site for advice on how to pay

Anne Mobbs

Treasurer

TERM DATES 2023

Enrolment 8.30 – 9.30 and 12.00 -12.30

Mondays and Thursdays

Term 1 : February 6 – Mar 31

Term 2 : April 24 – Jun 23

Term 3 : July 17 – September 15

Term 4 : October 9 – December 1

U3A Library Opening times

Days open

2nd and 4th Monday of the month

Opening Times

9am -9.30am

10.30am – 11,00 am

12 Noon- 12.30pm

1st and 3rd Thursday of the month

MANAGEMENT COMMITTEE MEETING DATES

Monday – 20th February

Monday – 20th March

Meetings are held at 12 noon in the morning tea area. Members are welcome.

2023 U3A SENIOR WEEK TRIVIA FESTIVAL

The U3A Trivia Competition will be held on Thursday 2 February 2023 at the Shellharbour Civic Centre, 76 Cygnet Avenue, Shellharbour Centre at 12.30 pm.

U3As can enter 2 teams of 6.

Please see Nancy Harman at U3A or phone 0422068627 if you would like to participate. We normally enter two teams.

Entries close on 14 January 2023.

PROGRAM SYNOPSIS

<p><u>Monday</u> Salvation Army Centre Burelli Street 9.30am – 4.00pm</p>	<p>SESSION 1 – General Interest Talks SESSION 2 – General Interest Talks SESSION 3 – 12 noon - Current Affairs Monthly Book Club (1st Monday) Management Committee (3rd Monday)</p>	<p>Auditorium Auditorium Auditorium Auditorium Auditorium</p>
<p><u>Tuesday</u> Wollongong Library 10am-12noon</p>	<p>Philosophy</p>	<p>Wilga Room</p>
<p><u>Thursday</u> Salvation Army Centre Burelli Street 9.30am – 4.00pm</p>	<p>SESSION 1 – Scotland SESSION 2 – Living in the 70's SESSION 3 (1pm) – Film Society</p>	<p>Auditorium Auditorium Auditorium</p>
<p><u>Friday</u> Zoom Meeting 9.30 am – 11.00 am</p>	<p>Photography/Camera Group</p>	

MONDAY 9.30 AM – 12 NOON

Coordinator: Jennifer Mattock

SESSION 1 – 9.30 AM – 10.30 AM – AUDITORIUM

Date	SPEAKER	ADDRESS TITLE
6/2	ENROLMENT	
13/2	Dr Robert Parker	Nuclear News
20/2	Michael Watkins (Mem)	Living in Vanuatu – Under Waves of Colonial Influence.
27/2	Kerrie-Anne Christian (Mem)	Fan Tale
6/3	Robert M. Kaplan Forensic Psychiatrist UOW	Jack The Ripper
13/3	Stuart Traynor (Mem)	Happy Birthday Albert Einstein The Man Who Stuffed Understanding of Stuff
20/3	Sandra Pires	Yesterday Stories
27/3	Maree Amato CNC	Understanding and Living with Chronic Pain

SESSION 2 – 11.00 AM – 12 NOON – AUDITORIUM

Date	SPEAKER	ADDRESS TITLE
6/2	Patricia M. Davidson Vice Chancellor & President University of Wollongong)	TBA
13/2	Mike Traynor (Mem)	“Beacons of Hope and Guardians of the Night”. The Story of Lighthouses
20/2	Volodymyr Bilainiowski	Life in Ukraine
27/2	Robin Masters (Mem)	The Wonder of Zoos A Short History
6/3	Leta Webb	Antarctic Stories
13/3	Allayne Foley (Mem)	The Beginning of a Glorious Partnership W.S.Gilbert & A.Sullivan ‘Trial By Jury’
20/3	Colin Bateman (Mem)	The Story of Playing Cards
27/3	Gordon Mar	When Britain Bullied China

MONDAY, SESSION 3 – 12.00 – 1.00 PM

CURRENT AFFAIRS Group Participation – New Members Welcome
Leader - Dennis Vukovic

BOOK CLUB First Monday of the month
Coordinator – Nancy Harman

BOOK CLUB TERM 1 2023

6th FEBRUARY - THE TOLSTOY ESTATE – STEVEN CONTE

In the first year of the doomed German invasion of Russia in WWII, a German military doctor, Paul Bauer, is assigned to establish a field hospital at Yasnaya Polyana - the former grand estate of Count Leo Tolstoy, the author of the classic War and Peace. There he encounters a hostile aristocratic Russian woman, Katerina Trubetzkaya, a writer who has been left in charge of the estate.

A wonderful book. The characters live, the descriptions of war and what it does to people are explicit. We see war through the eyes of both armies and also the conquered people.

6TH MARCH - TENDER IS THE NIGHT, F SCOTT FITZGERALD

Tender is the Night is the fourth and final novel completed by American writer F Scott Fitzgerald. Set in the French Riviera during the twilight of the Jazz Age, the 1934 novel chronicles the rise and fall of Dick Diver, a promising young psychiatrist, and his wife, Nicole, who is one of his patients. The story mirrors events in the lives of the author and his wife Zelda Fitzgerald as Dick starts his descent into alcoholism and Nicole descends into mental illness.

Nancy Harman

U3A PHILOSOPHY TERM 1 2023

Co-ordinator: Stuart Traynor

This study group meets in the Wilga Room upstairs in the Wollongong City Library on the 1st & 3rd Tuesdays of the month, from 10 am until 12 noon.

EXPLORING TRUTH, KNOWLEDGE AND LANGUAGE

Traditionally philosophy has dealt with 3 big questions:

- | | |
|--------------------------|-----------------------|
| 1. What (truly) exists? | physics & metaphysics |
| 2. How do we know? | epistemology |
| 3. How should we behave? | ethics |

The 2023 study program will commence with a 3-month module, holistically exploring aspects of epistemology. It will be led by Huw Thomas, Barbara Cattunar and Stuart Traynor, on the 1st and 3rd Tuesdays of February, March and April.

We will begin by exploring the concept of **truth**, starting with the ideas of the Greeks. Then, drawing on Immanuel Kant's ideas, we will examine the **mental models** we construct to help us make sense of the world, along with the status of **scientific concepts and knowledge** — their validity and limitations. Recognising that our capacity for symbolic thought is one of the things that sets us apart from other creatures, we will go on to explore issues related to **language**, and how the symbol system of language (including mathematics) frames our experience and produces meaning.

Venue: Wilga Room, Wollongong Library

Time: 10 am until noon on Tuesdays 7 & 21 February, 7 & 21 March, 4 & 18 April

Please contact **Stuart Traynor** (0482 011 102) if you would like to be part of this study group.

My name is Amelia Harrison and I am a PhD student at the University of Wollongong in the School of Medicine. I am writing to you in regard to an exercise study that I will be running throughout 2023 that is aimed at improving the quality of life, heart and muscle health, and functional ability in older adults.

Essentially the study will be presented in the form of a novel training protocol that involves interval training and eccentric cycling. Specifically, short periods of both work and rest will be prescribed into an exercise session ~45mins in duration presented twice weekly over a 9 week training program. Participants will also gain insight into various measures of their heart and muscle health.

Please contact Amelia Harrison <ajh976@uowmail.edu.au> if you are interested in participating.

THURSDAY PROGRAM TERM 1 2023

SESSION 1 – 9.30 AM – 10.30 AM – AUDITORIUM

Coordinator: Jacqui Price

Date	SPEAKER	TOPIC
9/2	Jacqui Price	Oatmeal to Haggis
16/2	Paul & Shona Gibson	Personal Story
23/2	1. John Stewart 2. Anne Powter	Bonnie Prince Charlie Scottish Castles
2/3	Kerrie-Anne Christian	Fair Isle , Paisley and the Tartans
9/3	Robyn Menghi	Bagpipes, Kilts and Unicorns
16/3	Ben Meek	Scotland Furthest North
23/3	Anne Powter & Aileen Harland	The Other Roman Wall Scotch Whisky
30/3	1. Jeanette & Lawrence (OAM) Bond 3. Jacqui Price	Personal Travel Tales Highland Games

SESSION 2 – 11.00 AM –12 NOON – AUDITORIUM

Coordinator: Dawn Epton

Date	SPEAKER	TOPIC
9/2	Col Bateman	Vietnam + The anti-war movement
16/2	Simon Hodsden	Music of the 70's
23/2	Martin Arrowsmith	Star Wars
2/3	Mike Traynor	The Beatles Breakup/ Elvis
9/3	Dawn Epton	ABBA
16/3	Jacqui Price	70's Lifestyle Trends
23/3	Pauline Reynolds	The Gay Liberation Movement
30/3	Keith Allen	Entertainment of the 70s

FILM SOCIETY PROGRAM TERM 1 2023

Coordinators: Rick Thompson, Aileen Harland

Thursday – 1pm – 3:30pm -Auditorium.

Note that films marked * will be shown with subtitles for the hard of hearing

*February 9 **THE ZOOKEEPER'S WIFE, USA, 2017, 126 mins.** Directed by Niki Caro, and starring Jessica Chastain and Johan Heldenbergh.. Based on a true happening, THE ZOOKEEPER'S WIFE is a compelling World War II drama about the effort to rescue Jews from the Nazi Holocaust. A remarkable tale of courage and sacrifice, in one of the darkest periods of history.

FEBRUARY 16 **THE SEARCHERS, USA, 1956 113 mins** Directed by John Ford. With John Wayne, Jeffrey Hunter, Vera Miles, Ward Bond, Natalie Wood.

A western set in isolated Monument Valley; loner Wayne returns to his family after years away in the Civil War. He — and they — must deal with many nuanced issues, including relations with the Indians. Half a century later, the film is regarded as one of the greatest American films for the elaborately organised relations of characters, space and time. An international classic.

*February 23 **BATTLE OF OKINAWA, Japan, 1971, 139 mins.** Directed by Kihachi Okamoto. Starring Tatsuya Nakadai and Shin Kishida. Told from the Japanese perspective, this war drama captures the events of World War II's Battle of Okinawa — a massive amphibious assault by US troops that left more than 150,000 Japanese civilians dead. Showcasing the horrors of war, specifically its effects on civilian morale, Okamoto balances powerful drama with touches of a cynical, dark sense of humour.

March 2 **STORM BOY, Australia, 2019, 99 mins.** Directed by Shaun Seet and starring Geoffrey Rush and Finn Little. A pro-ecological tale about a boy's love for an orphaned pelican and his awakening to the importance of defending wildlife and protecting nature. The themes of family, friendship, love, loss and loneliness are universal and rounded out with a message of hope for a better future.

March 9 **STORM OVER ASIA Soviet Union, 1928, 120 mins.** Directed by Vsevolod Pudovkin. Starring Valery Inkijhoff. The last film in Pudovkin's "crisis of conscience" trilogy {MOTHER and THE END OF ST. PETERSBURG - earlier Parts 1 & 2}, STORM OVER ASIA is an epic, at once heroic and ironic, of an exploited Mongolian hunter who eventually rises to rout out the occupying British force. Pudovkin skilfully employs fade-in and out techniques to subtly indicate a time lapse or location change.

Cont'd

March 16 **BIG WEDNESDAY, USA, 1978, 120 mins.** Directed by John Milius, starring, Jan-Michael Vincent, William Katt and Garey Busey., The film depicts an American coming of age.. Milius constantly revisits the ocean's churning surf as a literal and metaphoric yardstick to underscore the movie's themes of personal responsibility, loyalty, and the pressures of unpredictable social change.

*March 23 **PIERROT LE FOU France, 1965, 110 minutes.** Written and directed by Jean-Luc Godard. With Jean-Paul Belmondo, Anna Karina, English subtitles. Leading French New Wave director. Ferdinand (Belmondo), bored with his social world, finds himself in the arms of Anna Karina (herself fleeing a dark past): they flee to the southern coast — and things do indeed change.

March 30 **BORN YESTERDAY USA, 1950 102 mins.** Directed by George Cukor. Starring Judy Holiday and William Holden. A romantic comedy about a crooked businessman, Broderick Crawford, who hires a newspaper reporter, William Holden, to educate his brassy girlfriend, played by Judy Holliday in an academy award winning performance.

PHOTOGRAPHY/CAMERA STUDY GROUP			
Friday 9.30-11AM			
Meetings via Zoom			
Coordinator – Jenny Webster			
New Members Welcome			
WEEK	DATE	SHOW	TALK TOPIC
1	3 rd Feb	Diptychs/Triptychs	Magnified subject + device
2	10 th Feb	Magnified subject pics	High key
3	17 th Feb	Excursion (TBA)	Including high key photos
4	24 th Feb	Excursion + high key pics	Rough and smooth together
5	3 rd Mar	Rough and smooth	Letters
6	10 th Mar	Letter pics	Toy stories
7	17 th Mar	Toy story pics	Fill the frame with nature
8	24 th Mar	Excursion TBA	Nature + excursion focus

9	31 st Mar	Excursion pics	Objects set in ice
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MANAGEMENT COMMITTEE

PRESIDENT

David Christian – 4267 1488

LIBRARIAN

Leila Moss

VICE-PRESIDENT

Alan Collis – 0414 044 384

MONDAY PROGRAM COORDINATOR

Jennifer Mattock – 0418 449 811

SECRETARY

Christine White – 0409 669 184

THURSDAY PROGRAM PLANNERS

Jacqui Price

Dawn Epton

TREASURER (Acting)

Anne Mobbs – amm505@uowmail.edu.au

No. 641-800

Account No. 001 142 057

TECHNICAL TEAM

Allayne Foley

Janet Holloway BSB

Marilyn Walters

Dennis Vukovic

WEB MANAGER

Dennis Vukovic

MEMBER REPRESENTATIVES

Colin Bateman Lawrence Bond

David Crawford Nancy Harman

Jennifer Mattock Leila Moss

Stuart Traynor Dennis Vukovic

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NEWSLETTER EDITOR

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FILM SOCIETY COMMITTEE

Richard Thompson, Jeanette Bond, Lawrence Bond, Alan Collis, Susan Walkerden, Aileen Harland, Pam Allen, Keith Allen

U3A Wollongong

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